

# The Hours of the Passion of our Lord Jesus Christ

| LENT 2021 | February |      |      |      |      |      |      |      |      |      |      | March |      |      |      |      |      |      |      |      |      |      |      |      |    |
|-----------|----------|------|------|------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|----|
|           | 17       | 18   | 19   | 20   | 21   | 22   | 23   | 24   | 25   | 26   | 27   | 28    | 1    | 2    | 3    | 4    | 5    | 6    | 7    | 8    | 9    | 10   | 11   | 12   | 13 |
|           | W        | Th   | F    | S    | S    | M    | T    | W    | Th   | F    | S    | S     | M    | T    | W    | Th   | F    | S    | S    | M    | T    | W    | Th   | F    | S  |
| 5pm       | 6pm      | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am   | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  |    |
| 6pm       | 7pm      | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am   | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  |    |
| 7pm       | 8pm      | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am   | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  |    |
| 8pm       | 9pm      | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am   | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  |    |
| 9pm       | 10pm     | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am   | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  |    |
| 10pm      | 11pm     | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am  | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm |    |
| 11pm      | 12am     | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am  | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm |    |
| 12am      | 1am      | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm  | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am |    |
| 1am       | 2am      | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm   | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  |    |
| 2am       | 3am      | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm   | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  |    |
| 3am       | 4am      | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm   | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  |    |
| 4am       | 5am      | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm   | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  |    |
| 5am       | 6am      | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm   | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  |    |
| 6am       | 7am      | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm   | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  |    |
| 7am       | 8am      | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm   | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  |    |
| 8am       | 9am      | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm   | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  |    |
| 9am       | 10am     | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm   | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  |    |
| 10am      | 11am     | 12pm | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm  | 11pm | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am |    |
| 11am      | 12pm     | 1pm  | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm  | 12am | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am |    |
| 12pm      | 1pm      | 2pm  | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am  | 1am  | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm |    |
| 1pm       | 2pm      | 3pm  | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am   | 2am  | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  |    |
| 2pm       | 3pm      | 4pm  | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am   | 3am  | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  |    |
| 3pm       | 4pm      | 5pm  | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am   | 4am  | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  |    |
| 4pm       | 5pm      | 6pm  | 7pm  | 8pm  | 9pm  | 10pm | 11pm | 12am | 1am  | 2am  | 3am  | 4am   | 5am  | 6am  | 7am  | 8am  | 9am  | 10am | 11am | 12pm | 1pm  | 2pm  | 3pm  | 4pm  |    |

**Page 1. Instructions: First find your name. Look for the current date. Go straight across to find the hour you are scheduled to pray each day.**

# The Hours of the Passion of Our Lord Jesus Christ

| <b>LENT 2021</b> | <b>March</b> |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           | <b>April</b> |           |          |      |          |
|------------------|--------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|--------------|-----------|----------|------|----------|
|                  | <b>14</b>    | <b>15</b> | <b>16</b> | <b>17</b> | <b>18</b> | <b>19</b> | <b>20</b> | <b>21</b> | <b>22</b> | <b>23</b> | <b>24</b> | <b>25</b> | <b>26</b> | <b>27</b> | <b>28</b> | <b>29</b> | <b>30</b> | <b>31</b>    | <b>1</b>  | <b>2</b> |      | <b>3</b> |
|                  | <b>S</b>     | <b>M</b>  | <b>T</b>  | <b>W</b>  | <b>Th</b> | <b>F</b>  | <b>S</b>  | <b>S</b>  | <b>M</b>  | <b>T</b>  | <b>W</b>  | <b>Th</b> | <b>F</b>  | <b>S</b>  | <b>S</b>  | <b>M</b>  | <b>T</b>  | <b>W</b>     | <b>Th</b> | <b>F</b> |      | <b>S</b> |
|                  | 6pm          | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am         | 12pm      | 1pm      | 2pm  |          |
|                  | 7pm          | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm         | 1pm       | 2pm      | 3pm  |          |
|                  | 8pm          | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm          | 2pm       | 3pm      | 4pm  | <b>E</b> |
|                  | 9pm          | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm          | 3pm       | 4pm      | 5pm  | <b>A</b> |
|                  | 10pm         | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm          | 4pm       | 5pm      | 6pm  | <b>S</b> |
|                  | 11pm         | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm          | 5pm       | 6pm      | 7pm  | <b>T</b> |
|                  | 12am         | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm          | 6pm       | 7pm      | 8pm  | <b>E</b> |
|                  | 1am          | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm          | 7pm       | 8pm      | 9pm  | <b>R</b> |
|                  | 2am          | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm          | 8pm       | 9pm      | 10pm |          |
|                  | 3am          | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm          | 9pm       | 10pm     | 11pm |          |
|                  | 4am          | 5am       | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm          | 10pm      | 11pm     | 12am | <b>S</b> |
|                  | 5am          | 6am       | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm         | 11pm      | 12am     | 1am  | <b>U</b> |
|                  | 6am          | 7am       | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm         | 12am      | 1am      | 2am  | <b>N</b> |
|                  | 7am          | 8am       | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am         | 1am       | 2am      | 3am  | <b>D</b> |
|                  | 8am          | 9am       | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am          | 2am       | 3am      | 4am  | <b>A</b> |
|                  | 9am          | 10am      | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am          | 3am       | 4am      | 5am  | <b>Y</b> |
|                  | 10am         | 11am      | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am          | 4am       | 5am      | 6am  |          |
|                  | 11am         | 12pm      | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am          | 5am       | 6am      | 7am  |          |
|                  | 12pm         | 1pm       | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am          | 6am       | 7am      | 8am  | <b>2</b> |
|                  | 1pm          | 2pm       | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am          | 7am       | 8am      | 9am  | <b>0</b> |
|                  | 2pm          | 3pm       | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am          | 8am       | 9am      | 10am | <b>2</b> |
|                  | 3pm          | 4pm       | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am          | 9am       | 10am     | 11am | <b>1</b> |
|                  | 4pm          | 5pm       | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am          | 10am      | 11am     | 12pm |          |
|                  | 5pm          | 6pm       | 7pm       | 8pm       | 9pm       | 10pm      | 11pm      | 12am      | 1am       | 2am       | 3am       | 4am       | 5am       | 6am       | 7am       | 8am       | 9am       | 10am         | 11am      | 12pm     | 1pm  |          |

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